

5955 Severin Drive, La Mesa, CA 91942 619-243-1400 Fax-619-466-1448

## SUPPLIES LIST FOR Jr. High School STUDENTS 2023-2024 School Year

- 21-one-inch, 3-ringed binder for Science (7th and 8th graders only)
- 21-two-inch, 3-ringed binder
- 21-pack of lined paper 3-hole punched for the binder
- 21-pack of graph paper
- 21-package of 3x5 index cards
- 210-sheet protectors
- 2 8-tab dividers inserted in the two-inch binder and with the following labels:

Important Information

Language Arts

Math

History

Science

Vocabulary/Spelling

Spanish

Computer Literacy

- 27-one-subject spiral notebooks
- 23-sharpened #2 pencils,
- 23-blue ballpoint ink pens
- 23-red ballpoint ink pens for making corrections
- 21-highlighter.

Please do not bring white out.

- 21-calculator
- 21-Spanish-English dictionary.
- 21-combination lock for student locker
- Paper books covers to cover textbooks (book socks are not allowed as they damage the bindings of the textbooks)
- 21-Phys Ed Uniform

See the Lands' End website to order PE uniforms. Students may purchase plain gray or royal blue shorts and plain white, gray, or royal blue t-shirts. No logo other than the Mt. Helix Academy logo is acceptable. Shorts should be at an appropriate length.

21-refillable water bottle