



# MT HELIX ACADEMY

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## SUPPLIES LIST FOR Jr. High School STUDENTS 2021-2022 School Year

**Parents**, all of the supplies listed below are available at the La Mesa Office Depot, located at 8481 Fletcher Parkway. If you shop there, Mt. Helix Academy will receive a 5% rebate on your purchase. Just give them the Mt. Helix Academy account number **(70200298)** when you check out.

- 1-one-inch, 3-ringed binder for Science (7<sup>th</sup> and 8<sup>th</sup> graders only)
- 1-two-inch, 3-ringed binder
- 1-pack of lined paper 3-hole punched for the binder
- 1-pack of graph paper
- 1-package of 3x5 index cards
- 10-sheet protectors
- 10-tab dividers inserted in the two-inch binder and with the following labels:
  - Action List/Point Sheet
  - Important Information
  - Language Arts
  - Math
  - History
  - Science
  - Vocabulary/Spelling
  - Spanish
  - Computer Literacy
- 7-one-subject spiral notebooks
- 3-sharpened #2 pencils,
- 3-blue ballpoint ink pens
- 3-red ballpoint ink pens for making corrections
- 1-highlighter.
  - Please do not bring white out.
- 1-calculator
- 1-Spanish-English dictionary.
- 1-combination lock for student locker
- Paper books covers to cover textbooks (book socks are not allowed as they damage the bindings of the textbooks)
- 1-Phys Ed Uniform
  - See the Lands' End website to order PE uniforms. Students may purchase plain gray or royal blue shorts and plain white, gray, or royal blue t-shirts. No logo other than the Mt. Helix Academy logo is acceptable. Shorts should be at an appropriate length.
- 1-calculator
- 1-refillable water bottle