



MT HELIX ACADEMY

5955 Severin Drive, La Mesa, CA 91942

619-243-1400

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SUPPLIES LIST FOR Jr. High School STUDENTS 2020-2021 School Year

Parents, all of the supplies listed below are available at the La Mesa Office Depot, located at 8481 Fletcher Parkway. If you shop there, Mt. Helix Academy will receive a 5% rebate on your purchase. Just give them the Mt. Helix Academy account number **(70200298)** when you check out.

- 1-one-inch, 3-ringed binder for Science (7th and 8th graders only)
- 1-two-inch, 3-ringed binder
- 1-pack of lined paper 3-hole punched for the binder
- 1-pack of graph paper
- 1-package of 3x5 index cards
- 10-sheet protectors
- 10-tab dividers inserted in the two-inch binder and with the following labels:
 - Action List/Point Sheet
 - Important Information
 - Language Arts
 - Math
 - History
 - Science
 - Vocabulary/Spelling
 - Spanish
 - Computer Literacy
- 7-one-subject spiral notebooks
- 3-sharpened #2 pencils,
- 3-blue ballpoint ink pens
- 3-red ballpoint ink pens for making corrections
- 1-highlighter.
 - Please do not bring white out.
- 1-calculator
- 1-Spanish-English dictionary.
- 1-combination lock for student locker
- Paper books covers to cover textbooks (book socks are not allowed as they damage the bindings of the textbooks)
- 1-Phys Ed Uniform
 - See the Lands' End website to order PE uniforms. Students may purchase plain gray or royal blue shorts and plain white, gray, or royal blue t-shirts. No logo other than the Mt. Helix Academy logo is acceptable. Shorts should be at an appropriate length.