

# Mt. Helix Academy

## Fall 2019 After-School Clubs 6-week sessions

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Clubs start at 3:15 and last for 1 hour. Enrollment is limited and spots will be filled on a first-come, first-served basis.

Check the boxes for the clubs in which you wish to have your child participate. Complete the form and return it to the office along with your payment by Thursday, October 31. Please make your checks payable to Mt. Helix Academy.

- Mondays - Rocket Club**  
Meeting dates: 11/4, 11/18, 12/2, 12/9, 12/16, 1/6  
Learn the basics of aerodynamics and the science behind building and launching rockets. In this club, students will learn about rocket designs and will build their own rockets!  
**Grades 3-5. Limit 12 students. \$65.00.**
- Tuesdays - Kids Yoga**  
Meeting dates: 11/5, 11/12, 11/19, 12/3, 12/10, 12/17  
Using "Cosmic Kids," a kid-friendly approach to yoga, students will learn yoga poses, breathing, and relaxation strategies that have been known to improve balance and coordination, improve concentration, and help kids manage stress.  
**Grades K-5. Limit 12 students. \$65.00**
- Wednesdays - Rocket Club**  
Meeting dates: 11/7, 11/14, 12/5, 12/12, 12/19, 1/9  
Learn the basics of aerodynamics and the science behind building and launching rockets. Students will learn about rocket design and will build their own rockets.  
**Grades K-2. Limit 12 students. \$65.00**
- Thursdays - Board Games Club**  
Meeting dates: 11/6, 11/13, 12/4, 12/11, 12/18, 1/8  
Do you like to play a variety of board games with classmates? In this club, you will learn some new game strategies while playing with classmates.  
**Grades K-5. Limit 12 students. \$65.00.**
- Fridays - Basketball Club**  
Meeting dates: 11/8, 11/15, 11/22, 12/6, 12/13, 12/20  
Learn the basics of basketball and develop your skills. Club members will work on skill drills and shooting skills and will play some fun basketball games.  
**Grades K-5. Limit 16 students. \$65.00.**

Student's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Phone

Submit completed form along with payment to the school's front desk.