

MT. HELIX ACADEMY MARCH 2012 LUNCH MENU

STEPS TO ORDERING LUNCH:

1. Circle dates you want lunch, write in CN or MC next to ALT if you prefer that over the main entrée.
2. Write down lunch dates on your HOME calendar.
3. Send in payment and attach to this form.
4. Turn in your order by the due date.
5. NO REFUNDS if child is absent.

MARCH DUE DATE

MON. FEB 13, 2012

Check here if paying with a credit card. If not on file please pick

up form @ school office.

Total amount paid: _____

17 lunch days x \$4.00 = \$68.00

PLEASE MAKE CHECKS PAYABLE TO
THAT'S A WRAP INC

ALTERNATIVES

CN = Baked Chicken Nuggets
MC = BAKED MACARONI & CHEESE

STUDENTS NAME			GRADE
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
HAPPY ST. PATRICKS DAY			1 CORN DOGS WITH PICKLE SPEARS ALT:
5 BREAKFAST BURRITO WITH SALSA ALT:	6 BAKED CHICKEN NUGGETS ALT:	7 SPAGHETTI WITH MEAT SAUCE ALT:	8 CHEESE QUESADILLA WITH SALSA ALT:
12 SUPER NACHOS WITH SALSA ALT:	13 BAKED CHICKEN NUGGETS ALT:	14 CHICKEN & RICE BURRITO WITH SALSA ALT:	15 CORN DOGS WITH PICKLE SPEARS ALT:
19 BREAKFAST BURRITO WITH SALSA ALT:	20 HOT DOGS WITH PICKLE SPEARS ALT:	21 SPAGHETTI MARINARA ALT:	22 BAKED CHICKEN NUGGETS ALT:
26 CHEESE QUESADILLA WITH SALSA ALT:	27 CORN DOGS WITH PICKLE SPEARS ALT:	28 BAKED CHICKEN NUGGETS ALT:	29 MIXED BURRITO WITH SALSA ALT:

It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade. Charles Dickens

All lunches include a fresh salad bar which includes fresh fruit and many salad toppings (from local distributors such as Sprouts, Otay Farms, Suzie's Farm, etc.) and a fresh baked cookie and beverage.

Parents please be AWARE that our kitchen facilities contain tree nuts and pine nuts. Food Service Provided by **THAT'S A WRAP INC.** part of the California Catering Company. Contact us at (619) 947-3210 or larry@calcatering.com with any questions you may have.